# QUAPAW NATION SPOTLIGHT: KAY HENADY

#### Work:

I always knew that I wanted to work in a profession that helped people. I originally wanted to go into social work, but my life led me to nursing and I have been doing it for 25 years now. I have been so blessed to work with great Doctors who taught me a lot and for the past, going on 10 years, working for the Quapaw Nation, at Quapaw Counseling



Services as the Medical Services Supervisor. For anyone who isn't familiar with our services, I encourage you to reach out and visit us. We provide counseling and medications for opioid use disorder for maintenance and detoxification. I have seen many lives changed through our program and I am proud that our Nation stands behind this very needed service.

### **Quapaw Nation Culture:**

I love being a member of the Quapaw Nation. It is a sense of community, where we come together as a people and strive to make our Nation stronger. I have seen our Nation respond to deaths, catastrophic events, fires, cancer and numerous other things and the generosity always astounds me.

I am thankful that the tribe offers many resources for our members. One being our Cancer Awareness Committee. Being a cancer survivor myself I enjoy volunteering on this team and helping in raising awareness and funds for employees or tribal members experiencing this terrible disease.

## People who inspire me:

I recently took a pottery class with Betty Beard Gaedtke and although I am not very good at it, I enjoyed learning more about the culture and what an inspiration she is!

I can't say that I really knew or had a relationship with Sonny Glass, but I visited him while working at General Counsels and he was kind, and it always stuck out to me because he took that time to be friendly as I checked him in.

## Personal questions:

I don't live a very exciting life, but my husband and I are very blessed with great kids, grand-children and amazing friends.

I love to spend time with my family, my dogs Dottie and Daisy, do a little diamond painting, watch a little tv, go to the gym a few days a week, attend church and just enjoy this stage of my life!